

Shikshan Bharati



Change Maker Conference – An Overview

Mrs. Gulshan Kaur Principal Bhavan Vidyalaya Panchkula





In October 2022, Inayat attended a session in the UN House aligning with her coursework and interest towards peace and conflict resolution. In the same event, she interacted with a strong community of young teenagers who transcended the boundary of self and worked on various social impact projects focusing on community empowerment, sustainability and zero waste lifestyle. This event led to a profound realization of how youth of the country is budding with ideas but are ill equipped due to lack of awareness and access to mentorship. This gap gave rise to Inayat to come back to her own school Bhavan Vidyalaya, Panchkula and initiating BVP Changemakers, with a vision of empowering students of 13-18 years to start various social impact projects with greater environmental and sustainability consciousness.

WHO CAN BECOME A CHANGE MAKER?

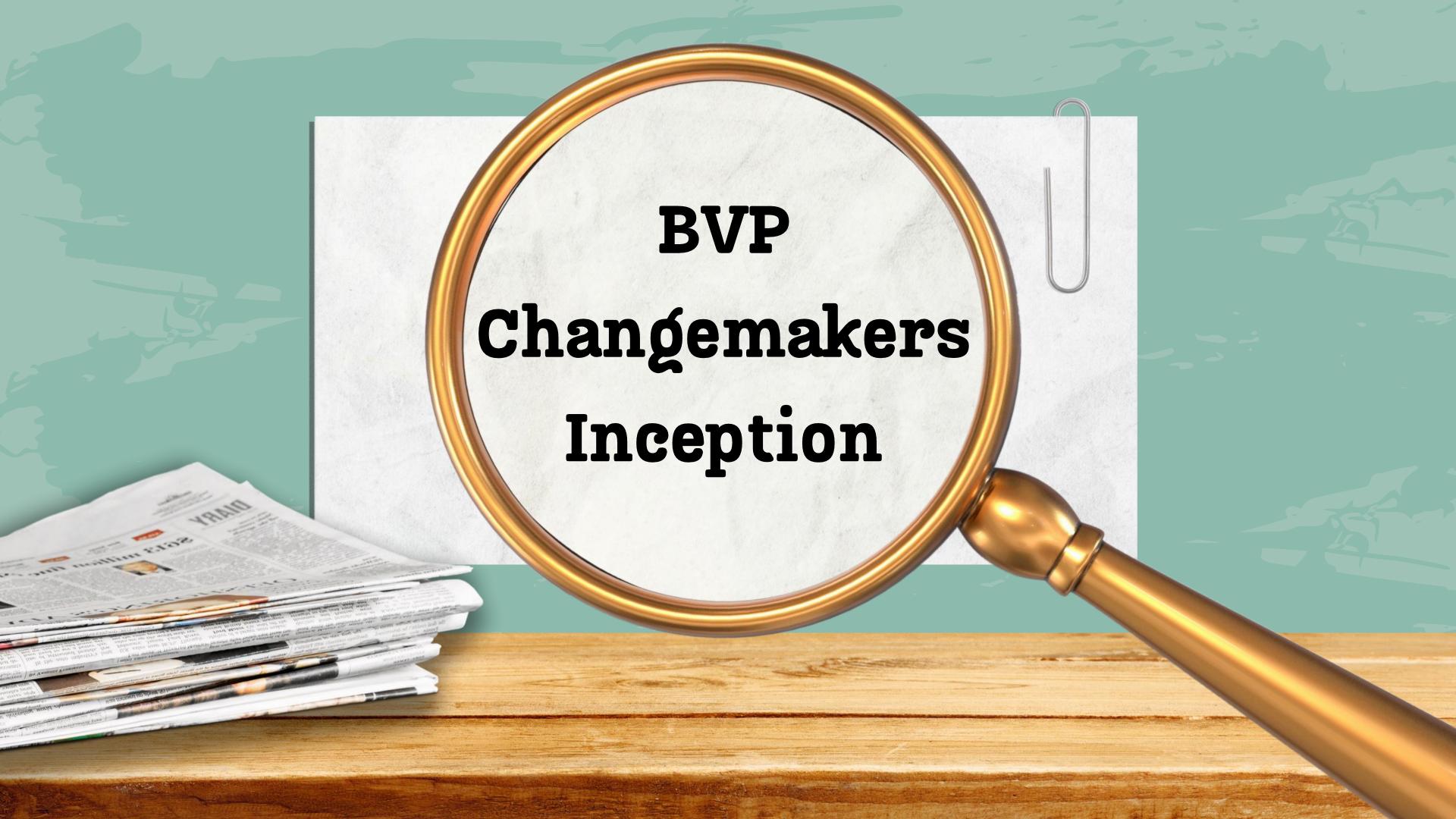
There is no process as such!

- One need to have a will and a desire to make a positive change. It could be accomplished through a minimal step.



BVP CHANGENAKERS

The power to shape the future belongs not just to a few, but to all of us



BVP Changemakers emerged on October 7, 2022, sparked by alumna Ms. Inayat Kapoor's simple text to Principal Ms. Gulshan Kaur. In weeks, under the able mentorship of Principal ma'am & guidance of Headmistress Ms. Anita Ranjan, we evolved from a concept to a dynamic project in a year. Our unique quality is the absence of a singular focus. We champion inclusivity, allowing any student with a community solution to join us under faculty guidance. 2023-24 year's projects spanned from waste collection, mental health advocacy, menstrual hygiene, and donations. Bhavan Vidyalaya Panchkula wholeheartedly supports genuine

THE TORCH BEARERS



THE CORE TEAM

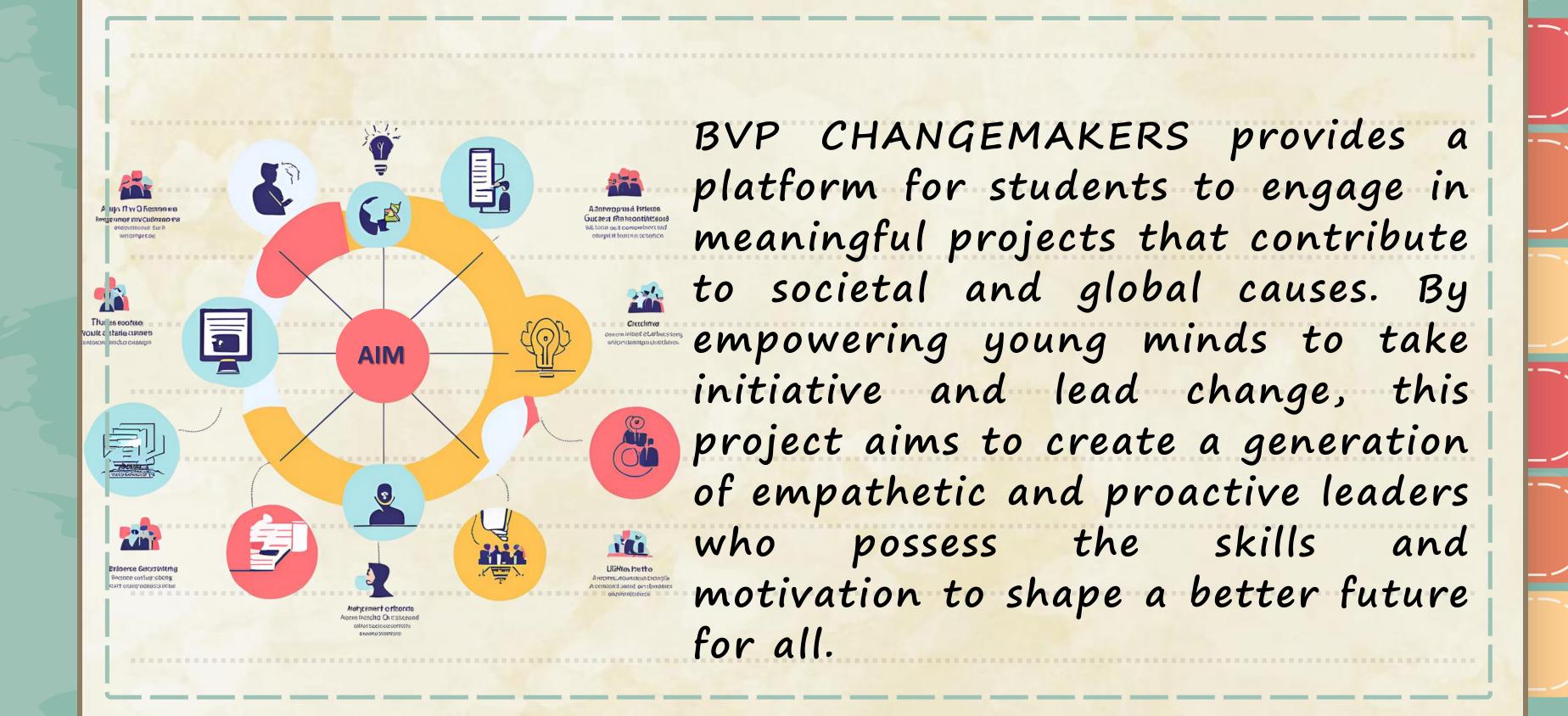




To cultivate and reinvent leadership among students, it is essential to provide opportunities for them to experiment, design, and implement solutions for global causes. Hence, the CHANGEMAKERS," proposed by alumna Inayat Kapoor, with the support and guidance of Principal Ma'am and the entire team, was initiated in 2023. This project focuses on training young, energetic minds to become

CHANGEMAKERS.







The vision of a progressive world rests in the hands of today's young students. These bright, curious, and passionate individuals possess the power to shape the trajectory of our society in profound ways. As the leaders of tomorrow, students have an unparalleled capacity to drive positive changes and tackle the most pressing challenges facing humanity. Whether advocating for policy reform, pioneering ground-breaking discoveries, or mobilizing their peers to take action, young people are fearlessly stepping up to lead the change.







Throughout the year, students undertake various project ideas aligned with the United Nations Sustainable Development Goals (UN SDGs). This initiative allows students to harness their creative energy to solve ISSUES AROUND THEM AND global issues, helping them realize their potential as leaders while fostering an empathetic environment.

"BVP CHANGEMAKERS" inspires students to take action, empowering them to make a tangible impact on the world.



Step 1: Idea Generation- Any student with a clear vision and objective can propose an idea to address an environmental challenge.

Step 2: Concept Discussion- The core team discusses and deliberates on the concept. The team provides feedback and suggestions for improvement.

Step 3: Concept Approval—Once the concept is approved, the student is asked to develop a comprehensive concept plan.

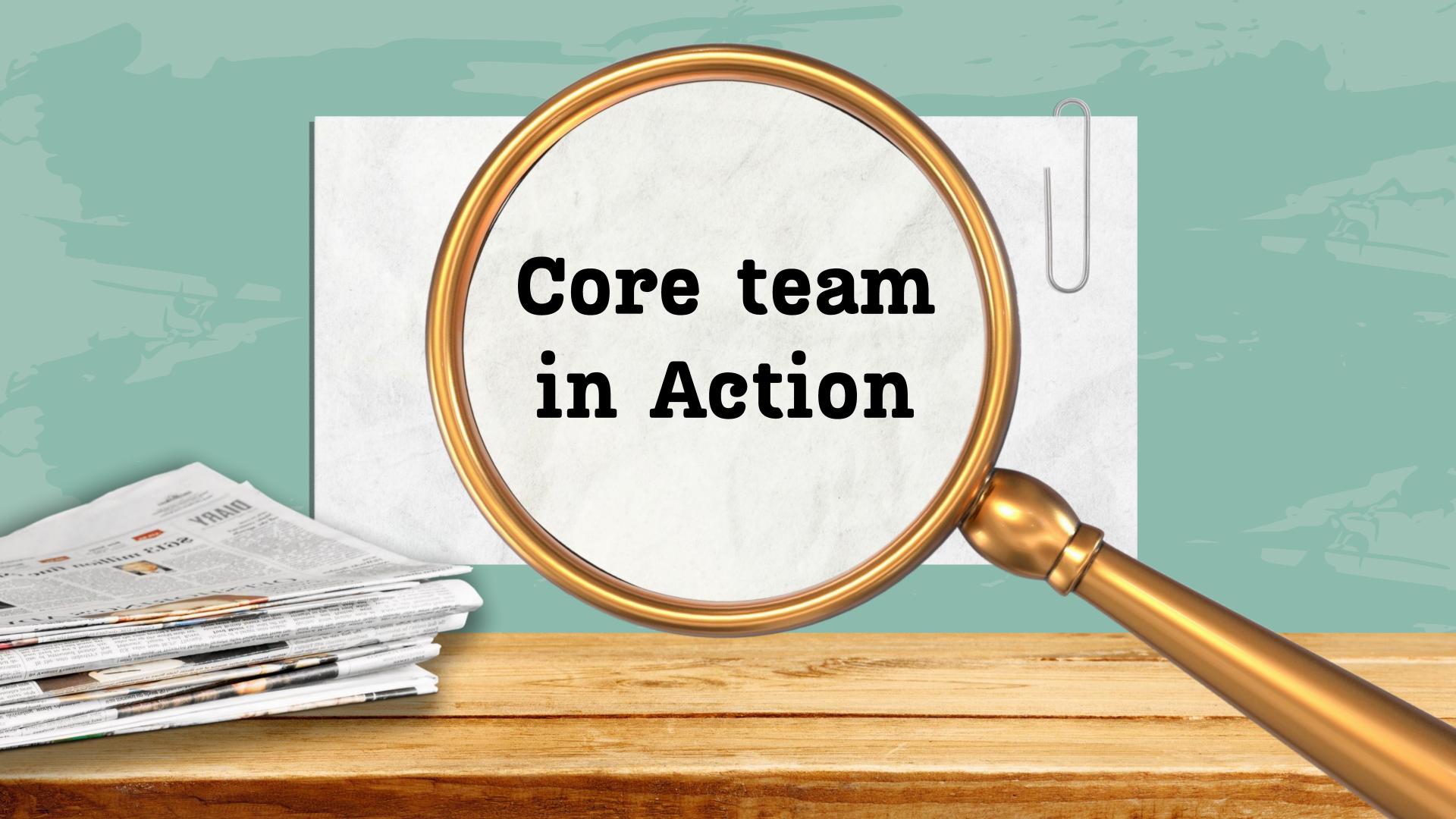
Step 4: Action Plan- The team deliberates on the action plan and assigns peers to support the student initiating the project.

Step 5: Project Implementation— The project is implemented and executed while keeping all concerned individuals informed.

Step 6: Monitoring- Thorough monitoring is conducted during project implementation to ensure progress and address challenges.

Step 7: Project Report- A project report is prepared upon completion, highlighting achievements, challenges, and lessons learned.

Step 8: Regular Intervention- Depending on the project's needs, regular interventions are taken to ensure sustainability and continuous improvement.



CONDUCTING SESSIONS, TRAININGS WITH STUDENTS AND TEACHING FACULTY OF THE VIDYALAYA, MOTIVATING EVERYONE TO BECOME A CHANGEMAKER

















BOOK EXCHANGE Read my book, lend one, extend one

INITIATED BY YUVRAJ SARDANA OF CLASS XII

BOOK EXCHANGE - READ MY BOOK, LEND ONE, EXTEND ONE

"BOOK EXCHANGE- Read my book, lend one, extend one" the first project taken up by the Change Makers, aimed to reduce book wastage and promote sustainability by creating a platform to exchange the already read books with new ones. It helped out in inculcating reading habits in the children and encouraged the reuse of books, reducing the demand for a new book. This project promoted a sense of community by facilitating the sharing of knowledge and resources among children. The Change Makers also encouraged students to donate the books in case they didn't want to exchange their books with new ones.

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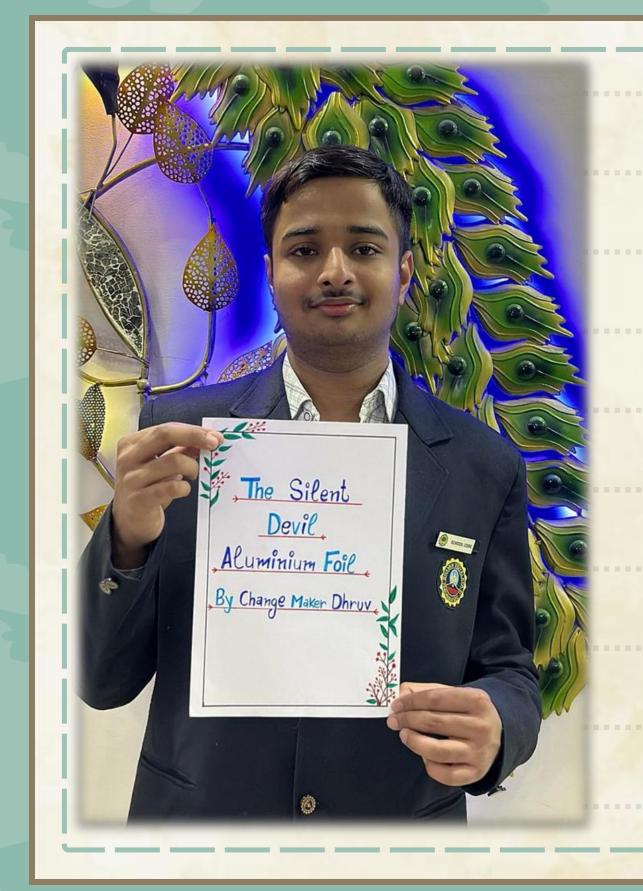






TEND ONE, EXT READ





The Silent Devil: Aluminum Foil

INITIATED BY DHRUV GOYAL OF CLASS XII

Aluminum foil is commonly used for packing and wrapping food due to its convenient properties such as heat insulation and preservation. However, recent studies have raised concerns about the potential health risks associated with using aluminum foil for food storage and preparation. It is believed that aluminum can leach into food, especially when heated or in contact with acidic or salty foods, and accumulate in the body over time, potentially leading to health issues. Additionally, the production and disposal of aluminum foil contribute to environmental pollution and waste.

BVP Change Makers launched "The Silent Devil: Aluminum Foil" campaign. Its mission includes educating students about the harms of aluminum foil and advocating for eco-friendly alternatives like muslin cloth and tiffin dusters. Through awareness campaigns, class leader involvement, proper disposal education, and creative initiatives, the campaign strives to encourage sustainable choices and reduce aluminum foil use. By addressing the health, environmental, and recycling concerns associated with aluminum foil, the campaign endeavors to promote healthier lifestyles and a greener future.

ALUMINUM FOIL ERADICATION

It also helps to promote the idea of sustainability and environmental consciousness in the campus by exploring the creative use of the aluminum foil by creating beautiful art pieces. Various talk sessions were also conducted with the students stating the harmful effects of aluminum foil and class representatives were asked to keep a check on student's carrying foils. BVP CHANGEMAKERS team continues to monitor the usage till date.

The foils collected initially were used to conduct workshops with Chetna school students to create beautiful art pieces.

BVP CHANGEMAKERS HAVE BEEN SUCCESSFUL IN ERADICATING

ALUMINIUM FOIL FROM SCHOOL CAMPUS BY 98%.







Students of Chetna School learnt to recreate decoration pieces with broken things and aluminum foil and gave these products silver look. They also learnt to make flowers with this waste foil.

ART PIECE CREATED WITH WASTE FOIL





Spreading Happiness Through Toy Donation

INITIATED BY SRISHTI MITTAL
OF CLASS XII

SPREAD ING HAPPINESS THROUGH DONATION

Toy drive was to spread happiness and bring joy to the lives of the underprivileged children in the community. By donating toys the aim is to create a positive impact and teaching students the importance of compassion, kindness, and giving back to the society. Students were encouraged to discuss this wonderful initiative with their friends, family, and neighbours and inviting them participate in this act of giving.

DONATION

SPREAD ING HAPPINESS THROUGH TOU DONATION

Students from all classes came together with an incredible show of compassion, generously donating a diverse array of toys that will bring endless joy to underprivileged children. This initiative is a testament to the power of unity and empathy within our school community. Every donated toy is a symbol of hope, reminding us all of the positive impact we can create when we work together for a meaningful cause. The Changemakers team is immensely proud of the students for their unwavering support and kindness. This drive not only brightens the lives of those in need but also nurtures a sense of responsibility and caring among our future leaders.

L'SPREADING HAPPINESS







SPREADING HAPPINESS







"This Diwali Light a lamp of love, not a fire of pollution"

"Finally, the wait is over and the moment we've been waiting for is here."

Let's celebrate a pollution-free Diwali, by contributing to society by growing plants and decorating nature with the beauty and fragrance of flowers. Remember something is better than nothing ..

This campaign helps you to contribute to the society by just donating an amount of Rs.50 to the Changemakers. So by this small initiative we will be able to buy one plant for each individual. Then you can inturn give back mother Earth by planting this sapling making your world greener and cleaner.



A Campaign organised by-CHANGE-MAKERS

Celebrating Green Diwali A Plantation Drive

INITIATED BY SARTHAK LUTHRA

OF CLASS XII

PLANTATION DRIVE



CELEBRATING GREEN DIWALI







Mind Matters-Mental Health Campaign

INITIATED BY NAINA SHARMA
OF CLASS XII

MIND MATTERS







MIND MATTERS - MENTAL HEALTH CAMPAIGN

Mental health affects 19% of the adults, 46% of teenagers and 13% of the children every year. Thereby our Change Makers felt a need to organise a session on the issues of mental health, such a problem which is neglected in many of the families. The main aim of the project was to have interaction with the children, know their problems and suggest a way out and for this renowned psychologists and psychiatrists from Fortis Healthcare were invited to conduct an interactive session with the students. We aim to provide our students with a platform where they could discuss everything openly including the things they don't feel sharing comfortable with others. Our objective HAS ALWAYS BEEN to make our students free from the disorder of anxiety, depression etc.



TABOO TRAVERSE-

Session on Menstrual

Hygiene

INITIATED BY KUNJAL YADAV
OF CLASS XI

Taboo TRAVERSE

A session on Menstrual Hygiene and myths around it, 'Taboo Traverse' was also taken up in collaboration with Qadira Hygiene on 14th Dec 2023 for students of classes VII to XII in school auditorium. Students had lot of queries regarding menstrual cycle and clarified their doubts with Qadira Hygiene team.



Menstruation and the Prevention of Children from Sexual Offenses (POCSO), two crucial yet often overlooked topics, were two things Kunjal hoped to raise awareness of with this initiative.

QADIRA MEMBERS CONDUCTED "TABOO TRAVERSE"





Waste Segregation Awareness

INITIATED BY ANVI MURADIA
OF CLASS XI



WASTE SEGREGATION AWARENESS

With the increasing awareness of the importance of the environmental protection and sustainable development of the earth, the topic of waste reduction and recycling is of great concern. The change makers at the school level aimed of collecting the waste from classrooms in two different bins with biodegradable and non biodegradable waste. A compost was prepared in school itself for the waste to dispose it off properly. Then at last the manure so created was used for the plants in the school. The main aim was to teach the students the importance of the environment and love nature.



By implementing this practice in school, Anvi wanted to effectively reduce the amount of waste sent to landfills and incinerators.



BVP CHANGE MAKERS

continue and strive to focus on environmental & societal issues of concern, working together to make this world a better place to live in...



BVP CHANGEMAKER

is now growing and spreading it wings...

We call upon each one of you to become

"the change maker",

take up a project of social or environmental cause and

participate in our

BUP

Celebrating ideas and solutions

LAAM Change Makers Confluence

from

November 7th to 9th, 2024



The event will commence with a conference where we invite schools to share their efforts in societal change and collaborate with our school's initiatives. This will be followed by inspiring keynote speakers who have made significant impact in society. The event will also include various competitions focused on Sustainable development goals. The details will be shared subsequently.



BVP CHANGEMAKER

THANK 40U