



BHAVAN VIDYALAYA PANCHKULA



NSS Report Session – 2024-25

Program Officer: Ms. Neeraj Khurana
Assistant Program Officer: Ms. Meetu Jaitely

Earth Day Celebration

April 22, 2024

Plant Donation Drive

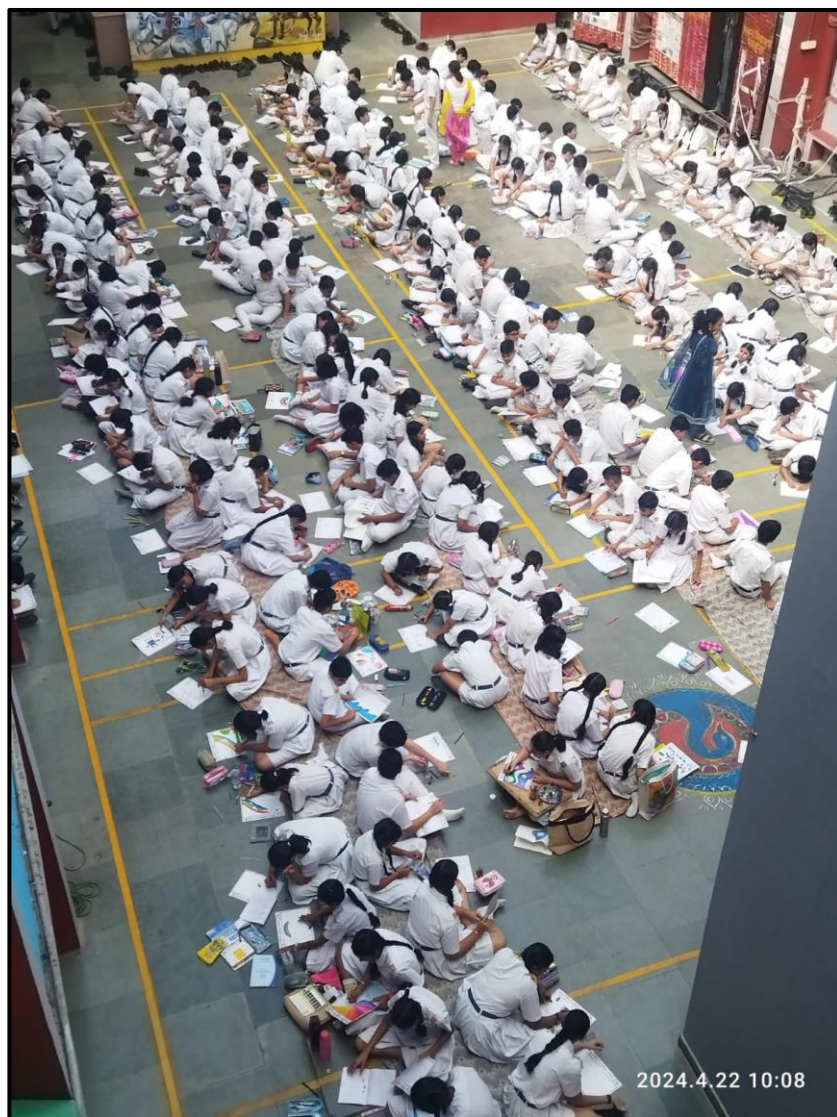
"On April 22, 2024, in commemoration of Earth Day, NSS volunteers organized a Plant Donation Drive, epitomizing a collective endeavour towards nurturing a greener environment. Their dedicated efforts resulted in the contribution and donation of plants, subsequently distributed to neighbouring areas and parents, effectively amplifying the message of environmental conservation and stewardship.

Principal Ms. Gulshan Kaur, setting a leading example, also contributed to the cause by donating plants and emphasizing the crucial importance of remaining vigilant and proactive in fulfilling our duties towards Mother Earth."



Painting Competition

In collaboration with Amar Ujala, a renowned media outlet, a Mass Painting Competition was held, approximately 250 students of classes 3 to 10 participated in this event. The participants created captivating paintings and posters, each conveying a powerful message advocating for the protection and preservation of our planet. The artwork served as a medium to inspire action and promote sustainable practices among the community.



International Labour Day

May 1, 2024

Gratitude Card Making

On the occasion of International Labour Day, NSS volunteer showcased their appreciation through heartfelt gestures. Crafting Aabhar Cards, they poured their gratitude onto paper, acknowledging the invaluable contributions of the unsung heroes in their school community. From the diligent aayas, hardworking malis to the dedicated drivers, and the dutiful sweepers to the vigilant security personnel, every role was recognized and celebrated. These thoughtful gestures not only expressed gratitude but also fostered a sense of unity and appreciation within the school environment.



NSS Volunteers Extended Appreciation through Aabhar Cards and Chocolates

NSS volunteers extended their gratitude to the indispensable pillars of the school community, presenting Aabhar cards and chocolates crafted with care by students from classes 11th and 12th. To the aayas, malis, sweepers, security guards, conductors and the drivers. Each recipient was acknowledged for their invaluable contributions. Overwhelmed by the heartfelt gesture, the recipients engaged with the students, cherishing the interaction and even capturing memorable moments with them through photographs. Such acts of appreciation not only honoured the hard work of these individuals but also strengthened the bonds within the school community.



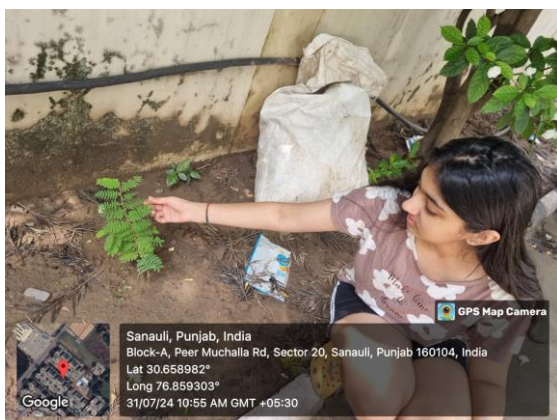
Month - July

Ek Ped Maa Ke Naam

The NSS volunteers actively participated in the "Ek Ped Maa Ke Naam" campaign, a green initiative launched by Prime Minister Shri Narendra Modi. This movement was initiated to tackle pressing environmental issues, with the core message that planting more trees is the key to a sustainable future.

At Bhavan's, each NSS volunteer received a sapling to plant in their homes or nearby areas. The volunteers embraced the initiative with great enthusiasm, eagerly planting their saplings and sharing photos of their efforts. This campaign symbolizes a collective tribute to both Mother Earth and our mothers, reinforcing the idea that nurturing the environment is a vital responsibility for all.

Through their participation, the students not only contributed to a greener planet but also deepened their understanding of environmental stewardship. This initiative fosters a sense of connection to nature and highlights the impact of small actions in creating positive change. The "Ek Ped Maa Ke Naam" campaign serves as a reminder that by planting a single tree, we contribute to the well-being of our planet for generations to come.



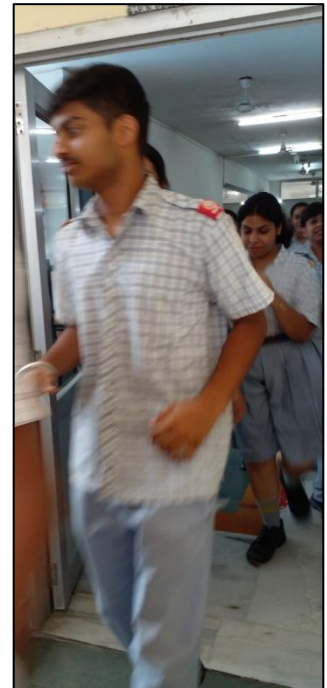
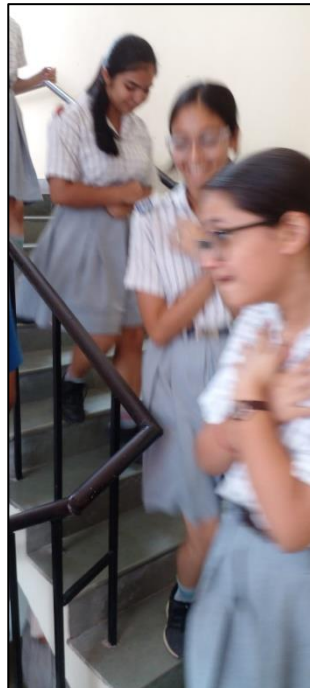
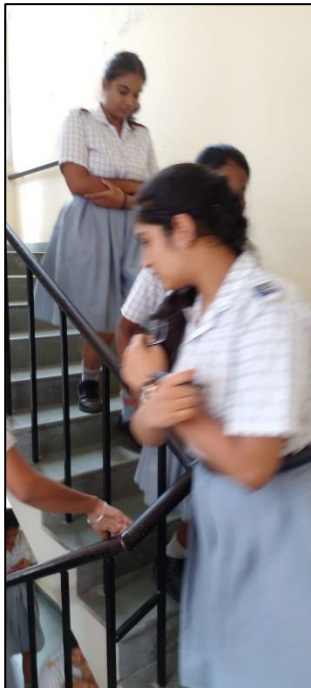
Mock Evacuation Drill

Date: 26/7/2024

The NSS volunteers received comprehensive training in conducting a Mock Evacuation Drill, aimed at equipping students with the skills and knowledge to handle emergency situations effectively. The primary goal of this training was to ensure that students are well-prepared to face any unexpected challenges, whether at school or in the community.

The drill not only taught students the importance of staying calm and organized during a crisis but also provided them with practical experience in evacuation procedures. By participating in this drill, the students learned how to respond quickly and efficiently, safeguarding their own safety as well as that of others.

Furthermore, the training emphasized the role of NSS volunteers in extending their support beyond the school environment. By gaining these vital skills, they are now better prepared to assist their communities during emergencies, reinforcing the importance of civic responsibility and collective action. The Mock Evacuation Drill was a significant step in fostering a culture of preparedness, resilience, and mutual aid among the students, ensuring they are capable of contributing positively in times of need.



Month – August

Nasha Mukh Bharat Abhiyan

The Ministry of Social Justice and Empowerment, Government of India, launched the Nasha Mukh Bharat Abhiyan to protect the youth from the dangers of drug abuse. As part of this initiative, a state-wide mass pledge program was organized at the district level with this year's theme: "Viksit Bharat ka Mantra, Bharat ho Nashe se Swatantra."

The NSS Volunteers actively participated in this important initiative by taking the pledge both in person and through the government-provided link: <https://sage.dosje.gov.in/content/take-a-pledge?type=e-pledge>. They vowed to unite in the effort to build a drug-free and prosperous India!



Independence Day Celebrations

The NSS volunteers actively participated in the Independence Day celebrations by holding flags in their hands and warmly welcoming all staff members as they arrived at the school, greeting them with "Happy Independence Day." Their enthusiasm and patriotism were evident as they took part in the flag hoisting ceremony, standing proudly alongside the school community. The volunteers' involvement in these activities added a special touch to the day, reflecting their dedication to serving the school and nation. Their actions not only exemplified the spirit of unity and national pride but also reinforced the importance of community and service, values that are integral to the NSS program.





Har Ghar Tiranga Campaign

The Indian National Flag stands as a proud symbol of our nation's unity and independence. In 2022, as part of the Azadi ka Amrit Mahotsav celebrations, the Government of India launched the Har Ghar Tiranga campaign. This initiative aims to encourage every citizen to honour our flag by bringing the Tiranga home and hoisting it with pride. As part of this campaign, the teacher and NSS volunteers participated in this initiative by taking a picture with Tiranga and uploading it to the official website www.harghartiranga.com and getting a certificate of participation for it.



Distribution of Food Among Needy Children

The NSS volunteers visited a nearby slum area to distribute eatables to underprivileged children as part of their ongoing community service initiatives. With compassion and a sense of duty, the students provided eatables, bringing smiles to the faces of the children. This activity not only helped address immediate hunger but also raised awareness among the volunteers about the importance of social responsibility and empathy towards those less fortunate. The initiative reinforced the values of giving back to society and highlighted the significance of small actions in making a positive impact.



Month – September

National Blood Donation Day

Bhavan Vidyalaya Panchkula actively participated in the National Blood Donation Day initiative organized by The Blood Bank Society, Chandigarh.

The NSS volunteers distributed the Book Marks given by The Blood Bank Society to the teachers and the office staff and talked about the importance of Blood Donation. These bookmarks were a reminder of their role in this noble cause. The initiative served not only as a call to action but also as a valuable lesson in the importance of community service and selflessness.

The teachers and students of classes XI & XII were encouraged to write the message "October 1: National Blood Donation Day" and send it to a designated number as part of a contest mentioned on the Book Mark.

The act filled the students with pride as they felt proud to support the initiatives that foster civic responsibility and compassion.



Swachhata Hi Sewa Campaign 2024

As part of the nationwide Swachhata Hi Sewa Campaign 2024, the NSS volunteers, actively participated in promoting cleanliness and environmental awareness. The campaign, aimed at reinforcing the importance of sanitation and cleanliness in communities.

Under the guidance of their mentors, Ms. Neeraj Khurana & Ms. Meetu Jaitely the students also took direct action by engaging in a cleanliness drive. They cleaned various areas of the school premises, demonstrating a hands-on approach to maintaining a clean environment. Their efforts not only beautified the school but also served as an example of the responsibility each individual holds in keeping their surroundings clean.



October 2024

International Day of Older Persons (1/10/2024)

On October 1, 2024, a group of NSS volunteers from Bhavan Vidyalaya, Panchkula, along with their NSS Program Officer, Ms. Neeraj Khurana, and Assistant NSS Program Officer, Ms. Meetu Jaitely, in collaboration with HelpAge India, celebrated the International Day of Older Persons with a heartfelt visit to the Senior Citizen Home in Sector 15, Chandigarh.

During the visit, the volunteers showcased their talents through lively dance performances, bringing smiles and joy to the senior residents.

The visit not only brightened the day of the senior citizens but also left a lasting impact on the students, fostering empathy and a deeper understanding of the experiences of older people. The program was a testament to the importance of intergenerational connections and the role of youth in supporting the elderly community.



Visit to Institution for the Blinds, Sector 26, Chandigarh (1/10/2024)

The students of Classes XI and XII from Bhavan Vidyalaya Panchkula visited the Institution for the Blind in Sector 26, Chandigarh, where they gained valuable insight into the lives of visually impaired children. The visit gave students the opportunity to interact with them and witness an energetic Punjabi dance performance. The students were amazed by the precision, synchronization and enthusiasm displayed by the visually impaired dancers, leaving a lasting impression on the students. This experience helped them understand how these children overcome challenges with their unique abilities, fostering empathy and appreciation for their strength and resilience.



NSS Volunteers Celebrated Diwali with the under privileged Chetna School Students

The spirit of Diwali was celebrated with warmth and generosity. The NSS volunteers, comprising students from Classes 11 and 12, shared the festive joy with the underprivileged children of the Evening Chetna School. The celebration included a traditional Diwali Pooja conducted with the students and the distribution of gifts and sweets to brighten their day. It was an initiative by the NSS volunteers of giving back to society wishes and wishing them a **Very Happy and Prosperous Diwali**. They understood "The true essence of Diwali lies in spreading light, joy and kindness," and by engaging in acts of compassion, we create a brighter future for everyone.



7 Day NSS CAMP

Day 1 (19/11/2024)

The 7-day National Service Scheme (NSS) camp commenced at Bhavan Vidyalaya Panchkula with immense enthusiasm and a spirit of service. The opening ceremony began with the ceremonial lighting of the lamp accompanied by the recitation of shlokas, creating an auspicious and inspiring atmosphere.

The inauguration was marked by vibrant cultural presentations by students, highlighting their artistic talents and celebrating India's rich cultural heritage.

A significant moment of the ceremony was the handing over of the NSS flag by the Principal, Mrs. Gulshan Kaur. This symbolic gesture underscored the core values of the NSS program, emphasizing responsibility, dedication and service to the community.

Addressing the gathering, Principal Mrs. Gulshan Kaur formally declared the camp open. She inspired the participants by invoking the NSS motto, "Not Me But You," urging them to wholeheartedly embrace their duties towards society with commitment and enthusiasm.

The camp promises a week filled with meaningful activities, fostering personal growth and a deeper understanding of social responsibility among the students.



Day 2 (20/11/2024)

Day 2 of NSS Camp: A Day of Learning, Service and Spiritual Growth

The second day of the NSS Camp at Bhavan Vidyalaya, Panchkula, began with an energetic March Past session led by Mr. Kanwarpreet Singh, where students honed their discipline and coordination skills. Following this physically intensive activity, a calming and rejuvenating Yoga and Meditation session was conducted by Ms. Shivani Sachdeva, helping the students relax and refocus.

Later in the day, the students visited the NADA SAHIB Gurudwara along with their Vice Principal Ms. Sonia Pabby and NSS program officer Ms. Neeraj Khurana. The volunteers sought blessings and had langar, a symbol of equality and community service. The visit became even more significant as students engaged in seva by cleaning utensils, embodying the values of humility and selfless service.

The day offered a perfect blend of physical, spiritual and social activities, leaving the students enriched and inspired. Such experiences not only nurture teamwork and discipline but also instill in young minds the essence of compassion and the importance of serving others.



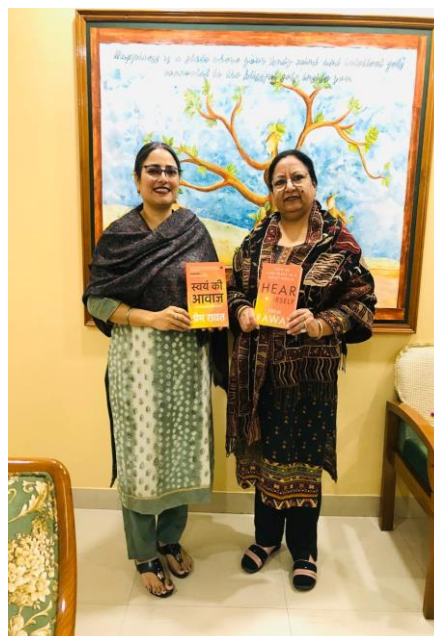
Day 3 (21/11/2024)

Day 3 of NSS camp started with a physical strengthening session led by Mr. Kanwarpreet, followed by a calming Yoga and Meditation session by Ms. Shivani Sachedeva, helping students rejuvenate both mind and body. 🧘♀️💪

The camp also had the privilege of hosting Mr. P.S. Shukla, State Coordinator of Raj Vidya Kender (NGO), New Delhi, who shared the inspiring teachings of Mr. Prem Rawat, a global peace educator. His message of peace, humanity, dignity, hope, courage and inner strength deeply resonated with all, leaving students motivated to connect with their inner selves. 🌍✨

In addition, Mr. Surjeet Singh from the Red Cross conducted a life-saving techniques workshop, including CPR and first aid, equipping students with crucial emergency skills. 🚑🇮🇳

The NSS Camp continues to foster compassion, leadership, and community service, empowering our students to make a difference! ❤️🙌



Day 4 (22/11/2024)

Day 4 of the NSS Camp: A Blend of Physical Fitness, Mental Wellness and Entrepreneurial Learning

Day 4 of the 7-day NSS Camp at Bhavan Vidyalaya, Panchkula, commenced with Physical Fitness Activities conducted by Mr. Kanwarpreet Singh, where participants engaged in exercises to enhance strength, agility, and overall well-being.

This was followed by a calming Yoga and Meditation session led by Ms. Shivani Sachdeva, which equipped the volunteers with techniques to cultivate mental clarity and emotional resilience.

The highlight of the day was the BOOT Camp conducted by Mr. Vineet Khurana, CEO of the Startup Accelerator Chamber of Commerce (SACC). This engaging session introduced the volunteers to the realms of entrepreneurship and innovation. Mr. Khurana shared invaluable insights into building successful startups, creative problem-solving, and the perseverance required to bring ideas to life. The interactive session motivated students to think innovatively and consider entrepreneurship as a viable career path, inspiring them to become agents of change.

Day 4 of the NSS Camp truly embodied the spirit of the NSS motto—"Not Me, But You"—by integrating physical fitness, mental wellness and entrepreneurial learning, leaving the volunteers enriched, empowered, and ready to make a positive impact on society.



Day 5 (23/11/2024)

☀️ Day 5 of the NSS Camp: A Day of Fitness, Spirituality and Practical Learning! ✨ ☀️

The day began with Physical Strength Training Session led by Mr. Gajjan Singh, emphasizing resilience and physical well-being.

This was followed by a visit to the Mata Mansa Devi Temple, which embodied the essence of spirituality, unity and cultural heritage. The visit highlighted India's rich tradition of respecting diverse faiths, fostering humility and reverence among the students.

The day concluded with an enlightening trip to the Fire Station, Sector 5, Panchkula, where the fire officer educated students on fire safety protocols, the importance of emergency helpline 112 and the functioning of firefighting vehicles for various scenarios. The students engaged enthusiastically, asking insightful questions, making the visit both interactive and highly enriching.



Day 6 (24/11/2024)

Day 6 of the NSS Camp commenced with a soulful prayer session, where volunteers collectively expressed their gratitude to the Almighty for the blessings of life and another beautiful day.

Following the prayer, the students enthusiastically participated in a cleanliness drive. The NSS volunteers were divided into groups, and different areas of the school were allocated to each team. The volunteers demonstrated remarkable dedication and teamwork as they undertook the task of cleaning their assigned spaces.

For many, this was a transformative experience. From initially being unsure about how to hold a broom to understanding the value of cleanliness and the dignity of labour, the day proved to be an invaluable lesson in humility and responsibility.

The efforts of the volunteers were commendable, reflecting their commitment to the NSS motto, “Not Me, But You.” Their hard work not only enhanced the school’s environment but also instilled a deeper appreciation for the importance of a clean and healthy surrounding.

The day concluded on a positive note, leaving the volunteers with a sense of accomplishment and a reinforced belief in the power of collective action.



Day 7 (25/11/2024)

7-Day NSS Camp Concluded at Bhavan Vidyalaya Panchkula

The 7-day NSS Camp at Bhavan Vidyalaya Panchkula came to a heartwarming conclusion on 25th November 2024, with a grand closing ceremony organized by the NSS volunteers.

The event commenced with a soulful bhajan, invoking the blessings of the almighty and expressing gratitude for the successful completion of the camp. This was followed by an enchanting Kathak dance performance by student Mannat from Humanities, adding a cultural touch to the occasion.

A special highlight of the ceremony was the screening of a video that captured the memorable moments and key activities from the past week, showcasing the dedication and enthusiasm of the students.

The Chief Guest, Dr. Arvind Dewadi, District NSS Officer, addressed the gathering, emphasizing the importance of community service and inspiring the students to adopt the NSS motto, "Not Me, But You". He encouraged them to continue making a positive impact in society through selfless service.

The ceremony was officially concluded by the school's Principal, Ms. Gulshan Kaur she declared the camp closed. In her address, she urged the students to remain grateful and reminded them that the true essence of service lies not in grand gestures, but in the small, meaningful acts that collectively bring about significant change.

The 7-day NSS camp left a lasting mark on all the participants, reinforcing the spirit of service, unity and humility.



Media Coverage

Hindustan Times

CHANDIGARH
WEDNESDAY
NOVEMBER 20, 2024

National Service Scheme camp at Bhavan Vidyalaya

PANCHKULA : The seven-day National Service Scheme (NSS) camp commenced at Bhavan Vidyalaya. The opening ceremony began with the ceremonial lighting of the lamp and recitation of shlokas.

The inauguration featured cultural presentations by students, highlighting their artistic talents and celebrating India's cultural heritage.

The NSS flag was handed over by principal Gulshan Kaur. This symbolic gesture underscored the core values of the NSS programme, emphasising responsibility, dedication and service to the community.

Kaur formally declared the camp open and inspired the participants by invoking the NSS motto, "Not me, but you," urging them to embrace their duties towards the society with commitment.

The camp promises a week filled with activities, fostering personal growth and a deeper understanding of social responsibility.



Dignitaries during the lamp lighting ceremony at Bhavan Vidyalaya.

HT

CHANDIGARH Tribune

CHANDIGARH | WEDNESDAY | 27 NOVEMBER 2024

BHAVAN VIDYALAYA, PANCHKULA

A seven-day NSS camp concluded at the school. The event commenced with the singing of a bhajan and was followed by a Kathak performance by Mannat. Chief Guest Dr Arvind Dewadi, District NSS Officer, addressed the gathering. He emphasised the importance of community service and motivated the young volunteers to continue making a positive impact on society through selfless service.



Bhavan Vidyalaya, Panchkula

The week-long National Service Scheme (NSS) camp commenced at the school. The opening ceremony began with the ceremonial lighting of the lamp, accompanied by the recitation of 'shlokas'. The inauguration was marked by vibrant cultural presentations by students, highlighting their artistic talents and celebrating India's rich cultural heritage. A significant moment of the ceremony was the handing over of the NSS flag by Principal Gulshan Kaur. The symbolic gesture underscored the core values of the NSS programme, emphasising responsibility, dedication and service to the community. Addressing the gathering, Gulshan Kaur formally declared the camp open. She inspired the participants by invoking the NSS motto, "Not Me But You", urging them to wholeheartedly embrace their duties towards society with commitment and enthusiasm.

Hindustan Times

CHANDIGARH
MONDAY
NOVEMBER 25, 2024

NSS VOLUNTEERS AT BHAVAN VIDYALAYA VISIT FIRE STATION

PANCHKULA : As a part of the ongoing 7-day NSS camp, volunteers from Bhavan Vidyalaya visited the fire station in Sector 5 on Saturday to enhance their understanding of fire-related emergency services and imbibe a sense of responsibility and preparedness in handling crisis.

The team welcomed the students, provided a tour of their facilities, and introduced various tools and equipment used during firefighting operations, including hoses, extinguishers, and rescue gear.

A live demonstration of fire drills and protocols highlighted the importance of prompt response.

The visit aligned with the NSS' objectives of promoting community engagement and social responsibility.

Principal Gulshan Kaur thanked the personnel for their support.

This activity reinforced the importance of discipline and service to society.



Hindustan Times

CHANDIGARH
FRIDAY
NOVEMBER 29, 2024



Bhavan Vidyalaya students at the closing ceremony of the NSS camp. HT

NSS Camp concludes at Bhavan Vidyalaya

PANCHKULA : The 7-day NSS Camp at Bhavan Vidyalaya concluded on Monday with a ceremony held by the NSS volunteers. The event commenced with a "bhajan," followed by a cultural Kathak dance performance by Man-nat, a humanities student. A video capturing some moments and key activities from the past week, showcasing the students' dedication, was screened. Chief guest Arvind Dewadi, district NSS officer, emphasised the importance of community service,

inspired the students to adopt the NSS motto, "Not me, but you," and encouraged them to continue making a positive impact in the society through selfless service. Principal Gulshan Kaur declared the camp closed, urged the students to remain grateful and reminded them that the true essence of service lies not in grand gestures, but in the small and meaningful acts that collectively bring about significant change. The camp reinforced the spirit of unity and humility.